

W E L C O M E SUPERSPRINTS 2014

10th ANNUAL FAIRWAY GORGE SUPER SPRINTS DRAGON BOAT RACES - SATURDAY 24 MAY 2014

Welcome to the 10th annual Fairway Gorge Super Sprints Saturday 24 May 2014

Race Start: 10.00am
Registration open from 8.30am to 9.30am
Steers' Meeting at 9.30am sharp!

THE COURSE

This year's Super Sprints launch from the docks of the Fairway Gorge Paddling Club on the Selkirk Waterfront in Victoria. Dragon boats will sprint 250m from north of Victoria's Bay Street Bridge to the finish line south of the Selkirk Trestle. See attached race course map for reference.

TEAM INFORMATION

- » Race directors: Erik Ages (startline) & Jennifer Loo (finishline); timing official: Mike Medland; race registrar: Kyle Chow; shoreside manager: Paul Barton; water course manager: Corey Teramura; shoreside race marshal: Peter Mercanti.
- » Dragon boat medal categories include 2 women's divisions (Red and Blue) and 2 mixed divisions (Red and Blue).
- » All steerspeople must attend a mandatory safety meeting at 9.30am prior to racing.
- We will run as closely as possible to the attached schedule. In the event that we run ahead of schedule, all teams are expected to be race-ready at least 45 minutes before their scheduled race starts.
- » All teams must register at the registration tent on the main dock before 9.30am and confirm that the registrar has received completed waivers. Registration opens at 8.30am. The race registrar must have received your original, completed group waivers and team rosters on or before 9.30am.
- » Tent spaces are available on a first come, first served basis. Come early on race day to get a good spot. YOU MUST SEE A DOCK OFFICIAL who will direct you to available spaces. Note that tents are not supplied. Please bring your own.
- » Street and lot parking are free of charge on race day. See below.
- » The race schedule (V1) is attached to this package. See below.



FAIRWAY GORGE PADDLING CLUB

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DRAGON BOAT RACES

10am race start; marshaling begins at 9.30am. STEERS' MEETING IS AT 9.30AM. All crews will race two heats to determine their placement for the finals. Initial heats have been seeded based on historical performance information to ensure final races provide the best competitive experiences for all crews.

ALL EQUIPMENT IS PROVIDED

Paddlers are encouraged to bring their own PFDs and paddles, but wooden "club" dragon boat blades and PFDs are available for all participants. Note that equipment must be returned to their designated storage areas after each heat. PFDs MUST BE WORN during races and at all times when on the docks. Note that approved inflatable PFDs are permissible at FGPC races.

WEATHER AND SAFETY RELATED POLICIES

The Fairway Gorge Super Sprints are subject to changing weather and water conditions. The race directors and water course manager will monitor conditions to ensure a safe event for all participants. In the event that conditions become unsafe, the race directors reserve the right to modify or cancel racing prior to or during racing.

FOOD, BEVERAGES, VENDORS

- » Sol Fine Foods on Jutland Road (in the same block as the paddler tent area) will be open during the
- » The "MS Warriors" will be providing breakfast and lunch items in addition to snacks and beverages at their fundraising tent on the main dock.
- » Industrial Plastics will be selling paddle bags at discounted prices at their vendor tent on the main dock.
- » FGPC's SUP Paddle Program will have demonstration boards for people to try throughout the day.

PARKING

Parking will be made available both on the street and in nearby parking lots, free of charge on race day. The 3-storey parkade will also be open until 5:00 pm. Please see the attached map for more details.

THIS YEAR'S GORGE SUPER SPRINTS ARE AN MS FUNDRAISER!

The Fairway Gorge Paddling Club is encouraging everyone to get involved, both paddlers and the public, to help raise much-needed funds for the MS Society, which has a dragonboat team in this year's races. Here's how you can help:

Our own MS dragonboat team, the MS Warriors, will host a "Breakfast Table" with coffee, hot chocolate, muffins and assorted goodies. Please spend generously! There will be a Raffle Prize Table with items to win. Please buy as many 50/50 tickets as you can. This year's surprise fundraising event will take place on the main dock at 12.30pm...and in the water! Based on pledges taken during the day, three FGPC staff members will race each other to a mystery finish line.



SUPER SPRINTS RACE SCHEDULE (V2)

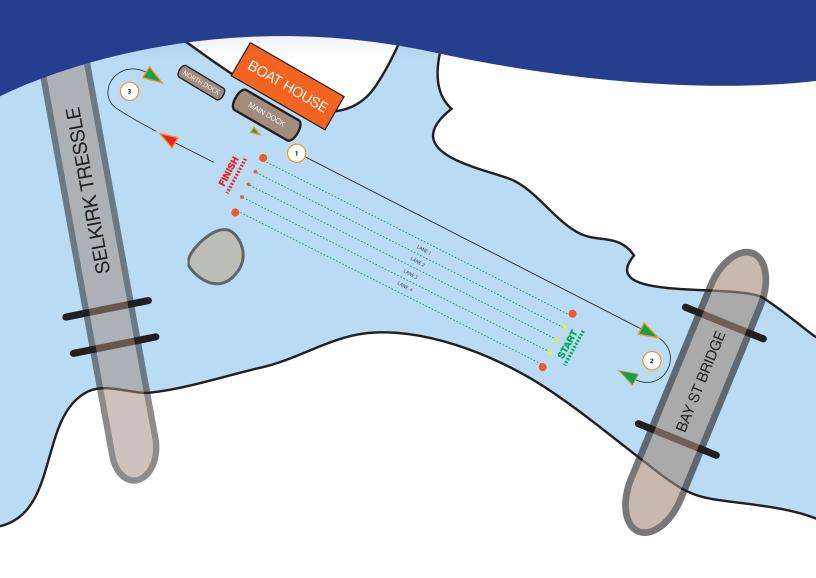
Schedule

RACE	Description	Time	Lane1	Lane2	Lane3	Lane4
1	Woman's Heat 1	10:00 AM	Wave Babes	Snappin Dragons	Gorging Dragons Senior Women B	
2	Woman's Heat 2	10:10 AM	VCKC Unbalanced & Awesome	Island Breaststrokers	Gorging Dragons Senior Women C	Abreast of Life
3	Woman's Heat 3	10:20 AM	Dover Bay Wave Breakers	FGPC GorgeUs Gals	Nusa'Lon Dragons	Pussy Cats
4	Mixed Heat 1	10:30 AM	Prevailing Wins	FGPC Dead in the Water	Angels & Demons	
5	Mixed Heat 2	10:40 AM	Goblin Empire	Paddlers of the Fifth Moon	FGPC Navy Dragon Anchors	
6	Mixed Heat 3	10:50 AM	Cowichan Bay Spirit Dragons	Mentor Mariners	FGPC Xtreme Reach	Team Phoenix
7	Mixed Heat 4	11:00 AM	FGPC Amazing Greys	FGPC GreenHorn Dragons	Gorging Dragons	FGPC Dragon Flyers
8	Mixed Heat 5	11:10 AM	Hornet Squadron	FGPC Westshore Warriors	Save On Foods Dragon Slayers	FGPC MS Warriors
9	Mixed Heat 6	11:20 AM	FGPC Maximus	FGPC Fairway Express	Blu By U	Spirit Point Dragons
10	Woman's Blue Semi 1	12:40 PM	9	6	3	
11	Woman's Blue Semi 2	12:50 PM	8	5	2	11
12	Woman's Blue Semi 3	1:00 PM	7	4	1	10
13	Mixed White Semi 1	1:10 PM	22	20	18	
14	Mixed White Semi 2	1:20 PM	21	19	17	
15	Mixed Red Semi 1	1:30 PM	14	12	10	16
16	Mixed Red Semi 2	1:40 PM	13	11	9	15
17	Mixed Blue Semi 1	1:50 PM	6	4	2	8
18	Mixed Blue Semi 2	2:00 PM	5	3	1	7
19	Woman's Blue Final C	2:10 PM	4th from Semi 3	3rd 3rd	2nd 3rd	4th from Semi 2
20	Woman's Blue Final B	2:20 PM	1st 3rd	3rd 2nd	2nd 2nd	2nd 3rd
21	Woman's Blue Final A	2:30 PM	1st from Semi 2	1st from Semi 1	1st from Semi 3	Fastest 2nd
22	Mixed White Final B	2:40 PM	3rd from Semi 1	3rd from Semi 2		
23	Mixed White Final A	2:50 PM	2nd from Semi 2	1st from Semi 2	1st from Semi 1	2nd from Semi 2
24	Mixed Red Final B	3:00 PM	4th from Semi 2	3rd from Semi 1	3rd from Semi 2	4th from Semi 1
25	Mixed Red Final A	3:10 PM	2nd from Semi 2	1st from Semi 2	1st from Semi 1	2nd from Semi 2
26	Mixed Blue Final B	3:20 PM	4th from Semi 2	3rd from Semi 1	3rd from Semi 2	4th from Semi 1
27	Mixed Blue Final A	3:30 PM	2nd from Semi 2	1st from Semi 2	1st from Semi 1	2nd from Semi 2

MEDAL CEREMONY - 4PM



RACE COURSE



TIDE CHART FOR 24 MAY 2014

	1:38 AM	PDT	2.43 meters	(7.97 ft)	High Tide
	3:17 AM	PDT			Moonrise
	5:22 AM	PDT			Sunrise
Caturday 24 May	10:35 AM	PDT	1.76 meters	(5.77 ft)	Low Tide
Saturday 24 May	1:51 PM	PDT	1.82 meters	(5.97 ft)	High Tide
	4:43 PM	PDT			Moonset
	5:10 PM	PDT	1.81 meters	(5.94 ft)	Low Tide
	8:58 PM	PDT			Sunset



PARKING OPTIONS



PARKING AREAS

CONSTRUCTION ZONE - NO PARKING

FAIRWAYS PADDLING CLUB

- 1. 320 DUNEDIN (SURFACE) FGPC PASS AFTER 5PM + WEEKENDS))
- 2. ARC BUILDING (SURFACE) FREE AFTER 5.30PM
- 3. 320 GARBALLY (SURFACE FGPC PASS AFTER 5PM + WEEKENDS)
- 4. GARBALLY PARKADE OPEN TO PUBLIC FOR LARGE EVENTS

PLEASE NOTE: There will be free parking in LOTS 1 & 3 for races at FGPC. In addition, on-street parking will also be free and unpatrolled on FGPC-sanctionned race days. Large events will also have the Garbally Road parkade (#4) available.